



# Coupe du Québec CX #7 - Sherbrooke-Départ 3

## November 08, 2025

### C1 F (Women)

winner: 43:18

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	502	FERRIER BRUNEAU, Christel	WestShefford/St-Onge/Vélomania	Bromont	Québec	C1 F	47	Women	51457	🇨🇦 CAN	100 517 011 82	43:18.08		8:41.12	8:27.68	8:39.55	8:48.06	8:41.68
2	509	VIALLE, Stephanie	TOYOTA ST EUSTACHE	Morin Heights	Québec	C1 F	34	Women	51898	🇨🇦 CAN	100 588 509 91	46:00.93	2'42.84"	9:26.84	9:02.76	9:06.33	9:11.28	9:13.72
3	506	MORIN, Dominique	Dalbix	Sherbrooke	Québec	C1 F	18	Women	50748	🇨🇦 CAN	100 590 683 34	46:35.73	3'17.64"	9:22.56	9:04.89	9:11.95	9:32.61	9:23.72
4	504	HÉBERT, Anne-Sophie	Competitive Edge Racing	Verdun	Québec	C1 F	28	Women	52074	🇨🇦 CAN	101 277 238 23	46:57.01	3'38.92"	9:27.87	9:00.64	9:31.68	9:19.88	9:36.94
DNF	516	RUELLAND, Maude	Pivot Cycles OTE	Indépendant	Lac Beauport	Québec	C1 F	19	Women	50116	🇨🇦 CAN	100 607 766 45		8:39.96	9:12.84	4:38.21		
DNS	503	HAMMOND, Keely	Indépendant	Montreal	Québec	C1 F	34	Women	53824	🇨🇦 CAN	100 488 334 20							



# Coupe du Québec CX #7 - Sherbrooke-Départ 3

## November 08, 2025

### C2 F (Women)

winner: 49:48

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	551	LAHAIE, Marie-Eve	WestShefford/St-Onge/Vélomania	Sherbrooke	Québec	C2 F	44	Women	52077	CA	CAN 100 511 946 61	49:47.65		10:02.03	9:43.24	9:56.49	10:03.53	10:02.36
2	550	FOURNIER, Veronique	Agowatt	Chelsea	Québec	C2 F	46	Women	51724	CA	CAN 100 064 360 33	50:05.00	0'17.35"	10:16.78	10:02.57	10:01.06	9:56.93	9:47.66
3	561	ADAMS, Julie	Indépendant	Trois-Rivières	Québec	C2 F	48	Women	56457	CA	CAN 100 595 839 49	51:35.30	1'47.65"	10:13.12	10:28.61	10:06.26	10:20.86	10:26.44
4	566	FILLION, Florence	Independent	Laval	Québec	C2 F	20	Women	TEMP	CA	CAN	53:42.82	3'55.16"	11:03.72	10:49.51	10:36.00	10:40.51	10:33.07
5	555	TORRESAN, Halina	Messorem Odd Racing	Montréal	Québec	C2 F	39	Women	TEMP	CA	CAN	43:39.19	-1 lap	11:13.50	10:52.61	10:45.82	10:47.26	



# Coupe du Québec CX #7 - Sherbrooke-Départ 3

## November 08, 2025

### C3 F (Women)

winner: 44:03

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4
1	585	GALARNEAU, Marie-Hélène	Équipe Studio Vélo	Lachine	Québec	C3 F	60	Women	TEMP	🇨🇦 CAN	100 619 860 14	44:02.58		11:24.47	10:46.26	10:45.96	11:05.89
2	599	SAVOIE, Catherine	Indépendant			C3 F	33	Women	TEMP	🇨🇦 CAN		48:18.99	4'16.41"	12:38.35	11:48.59	12:07.63	11:44.42
3	583	ROCHON, Marie-Helene	Indépendant	Gatineau	Québec	C3 F	48	Women	52034	🇨🇦 CAN	101 286 283 47	49:01.34	4'58.76"	13:00.07	12:19.11	12:03.70	11:38.46
4	582	MONAST, Karine	Vertige Performance	St-Bernard-De-Michaudville	Québec	C3 F	40	Women	56431	🇨🇦 CAN	101 669 011 13	49:28.08	5'25.49"	13:20.82	12:25.95	11:47.35	11:53.95
5	598	LIMOGES, Gabrielle	Independent	Sutton	Québec	C3 F	25	Women	TEMP	🇨🇦 CAN		50:02.95	6'00.37"	12:49.86	12:00.06	12:37.42	12:35.60
6	597	LIMOGES, Andrea	Independent	Sutton	Québec	C3 F	28	Women	TEMP	🇨🇦 CAN		50:38.08	6'35.49"	12:53.02	12:12.14	12:59.48	12:33.44
7	580	ARÈS-ST-ONGE, Christina	Vertige Performance	St-Simon-De-Bagot	Québec	C3 F	34	Women	56418	🇨🇦 CAN	101 667 676 36	51:36.84	7'34.25"	13:29.73	12:34.63	13:07.16	12:25.31
8	596	LAROCQUE, Florence	Équipe cycliste Scuderia	Lachtue	Québec	C3 F	24	Women	54657	🇨🇦 CAN	101 529 707 01	53:35.94	9'33.35"	13:40.64	13:00.46	13:18.57	13:36.28
DNF	595	GORHAM, Jules	Indépendant	Vaudreuil Sur Le Lac	Québec	C3 F	47	Women	TEMP	🇨🇦 CAN	100 608 429 29			11:11.97	10:24.83	11:12.88	



Coupe du Québec CX #7 - Sherbrooke-Départ 3  
November 08, 2025  
Sport F (Women)  
winner: 51:22

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4
1	300	CRETE, Lisane	Dalbix	Sherbrooke	Québec	Sport F	36	Women	55626	 CAN	100 915 311 03	51:21.60		13:18.70	12:26.24	12:50.81	12:45.85



# Coupe du Québec CX #7 - Sherbrooke-Départ 3

## November 08, 2025

### U17 F (Women)

winner: 44:30

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	
1	462	RUELLAND, Megan	Bosk-CXLevis	Lac Beauport	Québec	U17 F	15	Women	50115	🇨🇦	CAN	101 055 329 50	44:30.33		8:50.34	8:49.26	8:46.04	9:06.25	8:58.46
2	463	BÉDARD, Élodie	Espoirs Laval	Rosemère	Québec	U17 F	14	Women	51706	🇨🇦	CAN	101 151 747 50	46:01.84	1'31.50"	9:04.15	9:05.89	9:13.04	9:25.53	9:13.22
3	461	MERCIER, Anna	CSVM	Gatineau	Québec	U17 F	15	Women	51766	🇨🇦	CAN	101 068 223 43	49:31.81	5'01.48"	10:03.56	9:52.17	10:02.46	9:55.69	9:37.93