



Coupe du Québec CX #4 - Cowansville-Départ 4

October 04, 2026

C3 H (Men)

winner: 38:01

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	626	Lariviere, Jerome	Bosk-CXLevis	Lévis	Québec	C3 H	48	Men	52419	🇨🇦 CAN	100 585 569 61	38:00.55		7:47.40	7:36.41	7:35.46	7:36.37	7:24.91
2	654	Shinozuka, Rikigoro	Équipe cycliste Scuderia	Montréal	Québec	C3 H	32	Men	TEMP	🇨🇦 CAN		38:04.23	0'03.68"	8:01.36	7:35.06	7:33.56	7:26.54	7:27.71
3	613	East, Alexandre	CC Mont-Sainte-Anne	Québec	Québec	C3 H	32	Men	56402	🇨🇦 CAN	100 135 388 57	38:31.30	0'30.74"	7:58.02	7:34.59	7:34.69	7:44.40	7:39.60
4	620	Tremblay, Martin	Indépendant	Québec	Québec	C3 H	56	Men	53935	🇨🇦 CAN	100 661 136 65	38:44.74	0'44.18"	7:55.49	7:43.81	7:34.42	7:43.66	7:47.35
5	644	Gagne, Francis	Normandin musette EC	Québec	Québec	C3 H	36	Men	52053	🇨🇦 CAN	100 957 026 08	38:54.39	0'53.84"	7:54.24	7:39.64	7:42.10	7:57.57	7:40.84
6	614	Gagne, Frederic	Espoirs Laval	Laval	Québec	C3 H	58	Men	50251	🇨🇦 CAN	101 533 663 77	38:55.05	0'54.49"	7:57.06	7:44.35	7:36.46	7:58.67	7:38.51
7	618	Lane, Mario	VELO SELECT-SILBER	Rawdon	Québec	C3 H	60	Men	52600	🇨🇦 CAN	100 623 007 57	39:17.13	1'16.57"	8:20.74	7:45.68	7:40.05	7:39.43	7:51.22
8	658	Blais, Eric	Bosk-CXLevis	Lévis	Québec	C3 H	53	Men	53776	🇨🇦 CAN	100 623 808 82	39:24.32	1'23.76"	8:18.08	7:43.17	7:43.16	7:57.63	7:42.28
9	619	Reglain, Patrick	VELO SELECT-SILBER	Québec	Québec	C3 H	60	Men	51882	🇨🇦 CAN	100 648 789 37	39:25.96	1'25.41"	8:07.47	7:44.25	8:01.17	7:51.21	7:41.87
10	641	Savoie, Shawny	WestShefford/St-Onge/Vélomania	Granby	Québec	C3 H	32	Men	56422	🇨🇦 CAN	101 667 683 43	39:39.79	1'39.24"	8:03.80	7:49.67	8:06.05	7:56.16	7:44.12
11	612	Lajoie, Claude	Club Vélo Montagne 3R	La Visitation-De-Yamaska	Québec	C3 H	64	Men	53356	🇨🇦 CAN	100 842 723 68	39:44.22	1'43.67"	7:52.87	7:45.78	8:10.63	7:58.60	7:56.35
12	603	Massicotte, Frederic	Bosk-CXLevis	Québec	Québec	C3 H	50	Men	51525	🇨🇦 CAN	100 608 378 75	39:55.80	1'55.24"	8:10.08	7:45.84	7:55.12	8:00.26	8:04.49
13	643	Orange, Robert	Ride with Rendall P/B Biemme	Chelsea	Québec	C3 H	65	Men	51976	🇨🇦 CAN	100 590 487 32	40:04.62	2'04.07"	7:48.86	7:37.10	7:39.98	8:52.33	8:06.35
14	607	Caron, David	Club Mathieu Performance	Québec	Québec	C3 H	47	Men	51932	🇨🇦 CAN	101 295 931 92	40:07.95	2'07.39"	8:09.05	7:53.71	7:54.40	8:05.52	8:05.27
15	627	Robert, Guillaume	Indépendant	Mascouche	Québec	C3 H	51	Men	54056	🇨🇦 CAN	101 455 425 21	40:11.52	2'10.96"	8:19.24	7:49.50	7:54.15	8:03.67	8:04.96
16	609	Lessard, Alexandre	Lapraicycle	Candiac	Québec	C3 H	41	Men	TEMP	🇨🇦 CAN	101 778 229 09	40:27.53	2'26.98"	8:11.52	7:52.67	8:06.36	8:08.16	8:08.82
17	635	Plamondon, Gerald	Espoirs Laval	Montréal	Québec	C3 H	58	Men	53062	🇨🇦 CAN	100 596 710 47	40:35.62	2'35.06"	8:13.34	7:57.36	8:04.69	8:12.57	8:07.67
18	652	Lukaszewicz, Czeslaw	VELO SELECT-SILBER	Ste-Martine	Québec	C3 H	63	Men	51897	🇨🇦 CAN	100 525 147 70	40:39.76	2'39.20"	8:21.77	8:03.37	8:05.12	8:09.51	7:59.99
19	661	MARTEL SAVOIE, OLIVIER	Indépendant			C3 H	34	Men	TEMP	🇨🇦 CAN		41:20.30	3'19.75"	8:15.09	8:11.87	8:16.04	8:28.59	8:08.72
20	660	ST-PIERRE, DAVID	Independent			C3 H	35	Men	TEMP	🇨🇦 CAN		41:24.71	3'24.15"	8:23.68	8:05.08	8:18.03	8:25.39	8:12.53
21	659	Petit, Julien	Indépendant	Sutton		C3 H	38	Men	50937	🇨🇦 CAN	100 562 740 27	41:28.78	3'28.23"	8:16.52	8:18.39	8:22.26	8:22.58	8:09.03
22	656	Salenikovich, Stepan	Indépendant	Montréal	Québec	C3 H	40	Men	TEMP	🇨🇦 CAN		42:06.72	4'06.16"	8:35.74	8:23.67	8:29.91	8:23.68	8:13.72
23	640	Miller, Jordan	Équipe cycliste Scuderia	Montréal	Québec	C3 H	34	Men	52554	🇨🇦 CAN	100 532 119 58	42:10.97	4'10.42"	8:44.59	8:18.32	8:24.24	8:27.98	8:15.85
24	637	Conchon, Gregory	Indépendant			C3 H	33	Men	TEMP	🇫🇷 FRA		43:40.06	5'39.50"	8:47.37	8:18.68	8:46.47	8:55.16	8:52.39
25	601	Charbonneau, Yannick	Julbo-Union	Shefford	Québec	C3 H	51	Men	51236	🇨🇦 CAN	100 619 010 37	45:14.75	7'14.19"	8:50.12	8:46.67	9:08.65	9:07.58	9:21.72
26	625	Hunt, Daniel	Indépendant	Montréal	Québec	C3 H	37	Men	TEMP	🇨🇦 CAN	100 648 971 25	46:18.84	8'18.29"	9:21.34	9:22.11	9:19.10	9:14.20	9:02.10
27	617	Dery, Mathieu	Équipe de compétion RBN	St-Raymond	Québec	C3 H	53	Men	53108	🇨🇦 CAN	100 632 059 88	46:36.83	8'36.27"	9:20.06	9:03.60	9:33.07	9:22.63	9:17.46
DNF	650	Laniel, Jean-Christophe	Indépendant	Montreal	Québec	C3 H	37	Men	TEMP	🇨🇦 CAN	101 671 751 37			8:26.12	8:30.22	8:44.49	6:54.95	
DNS	645	Aumont-Lemire, Philippe	Independent	Montreal	Québec	C3 H	42	Men	TEMP	🇨🇦 CAN								



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October 04, 2026

C4 H (Men)

winner: 40:59

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIId	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	
1	717	Bilodeau, Jacques	WestShefford/St-Onge/Vélomania	Sherbrooke	Québec	C4 H	63	Men	52078	🇨🇦	CAN	100 605 922 44	40:58.65		8:34.15	7:58.04	8:01.61	8:10.20	8:14.66
2	710	Allie, Pascal	Équipe Studio Vélo	Drummondville	Québec	C4 H	55	Men	53173	🇨🇦	CAN	100 585 624 19	41:50.87	0'52.21"	8:30.99	7:59.60	8:19.91	8:33.52	8:26.85
3	723	Rouillard, Philippe	WestShefford/St-Onge/Vélomania	Dunham	Québec	C4 H	56	Men	55572	🇨🇦	CAN	101 151 618 18	42:05.04	1'06.38"	8:56.40	8:16.15	8:19.70	8:25.37	8:07.42
4	716	Faucher, Luc	WestShefford/St-Onge/Vélomania	Montréal	Québec	C4 H	64	Men	TEMP	🇨🇦	CAN	100 603 568 18	42:22.71	1'24.05"	8:52.55	8:08.74	8:13.82	8:27.36	8:40.25
5	719	Coutur, Jean Marc	Équipe Studio Vélo	Drummondville	Québec	C4 H	69	Men	51821	🇨🇦	CAN	100 547 802 27	43:49.48	2'50.82"	9:23.05	8:24.38	8:35.79	8:40.89	8:45.37
6	724	Vialle, William	TOYOTA ST EUSTACHE	Morin Heights	Québec	C4 H	61	Men	51900	🇨🇦	CAN	100 519 944 08	44:50.06	3'51.40"	9:28.08	8:39.95	8:57.81	8:54.49	8:49.72
7	720	Dufour, Eric	WestShefford/St-Onge/Vélomania	Sherbrooke	Québec	C4 H	59	Men	50534	🇨🇦	CAN	100 610 383 43	48:39.62	7'40.97"	9:29.02	8:50.55	9:11.52	10:04.75	11:03.77
DNS	711	Lessard, Marco	WestShefford/St-Onge/Vélomania	Granby	Québec	C4 H	59	Men	51181	🇨🇦	CAN	100 524 087 77							
DNS	715	Abray, Thomas	Martin Swiss	Montreal	Québec	C4 H	57	Men	TEMP	🇨🇦	CAN	100 591 788 72							



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Sport H (Men)

winner: 46:10

Pos	Bib	Name	Team	City	StateProv	Category	Age	Gender	License	NatCode	UCIID	Time	Gap	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	223	Choinière Codaire, Antoine	WestShefford/St-Onge/Vélomania	Bromont	Québec	Sport H	43	Men	TEMP	 CAN	100 846 280 36	46:10.29		9:25.83	8:36.06	9:27.53	9:36.65	9:04.20
2	220	Leblanc, Kevin	Indépendant	Ste-Clothilde De Horton	Québec	Sport H	46	Men	TEMP	 CAN	101 780 688 43	47:42.33	1'32.05"	9:45.12	9:27.30	9:22.93	9:39.68	9:27.30
3	221	Desrochers, François	Indépendant	St-Bruno	Québec	Sport H	53	Men	57594	 CAN		49:44.51	3'34.22"	10:11.62	9:52.06	9:54.40	9:53.21	9:53.21